

Psalms 34:18 states, "The Lord is close to the brokenhearted and saves those who are crushed in spirit".

Have you ever sat alone and felt overwhelmingly inadequate? I have.

In America, we frequently construct our lives upon the foundations of health and wealth, viewing them as indicators of our success and security. However, what occurs when these foundations begin to weaken? What transpires when the very elements that shape our identity start to show signs of instability?

At the entrance of Solomon's Temple, two grand bronze pillars, named Jachin and Boaz, stood prominently. These were not merely decorative elements; towering at thirty-five feet and measuring eighteen feet in circumference, they conveyed a powerful message. Jachin translates to "He establishes," while Boaz signifies "In Him is strength." These names were not just clever labels; they represented profound truths: God is the one who establishes, and our strength is found solely in Him.

I came to understand this lesson through difficult experiences. I realized something significant: the sources I believed contributed to my strength were, in fact, undermining my resilience. The reason for this is that I had invested my hope in unreliable things instead of in the One who remains steadfast.

The reality is this: while your situation may fluctuate, God's nature remains constant. The same God who built Solomon's Temple desires to support you. The same power that sustained those ancient columns can provide you with strength today.

So, what do you do when your world falls apart?

1. Acknowledge where you've placed your trust
2. Shift your foundation to the only One who never changes
3. Let your circumstances drive you closer to God, not further away

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